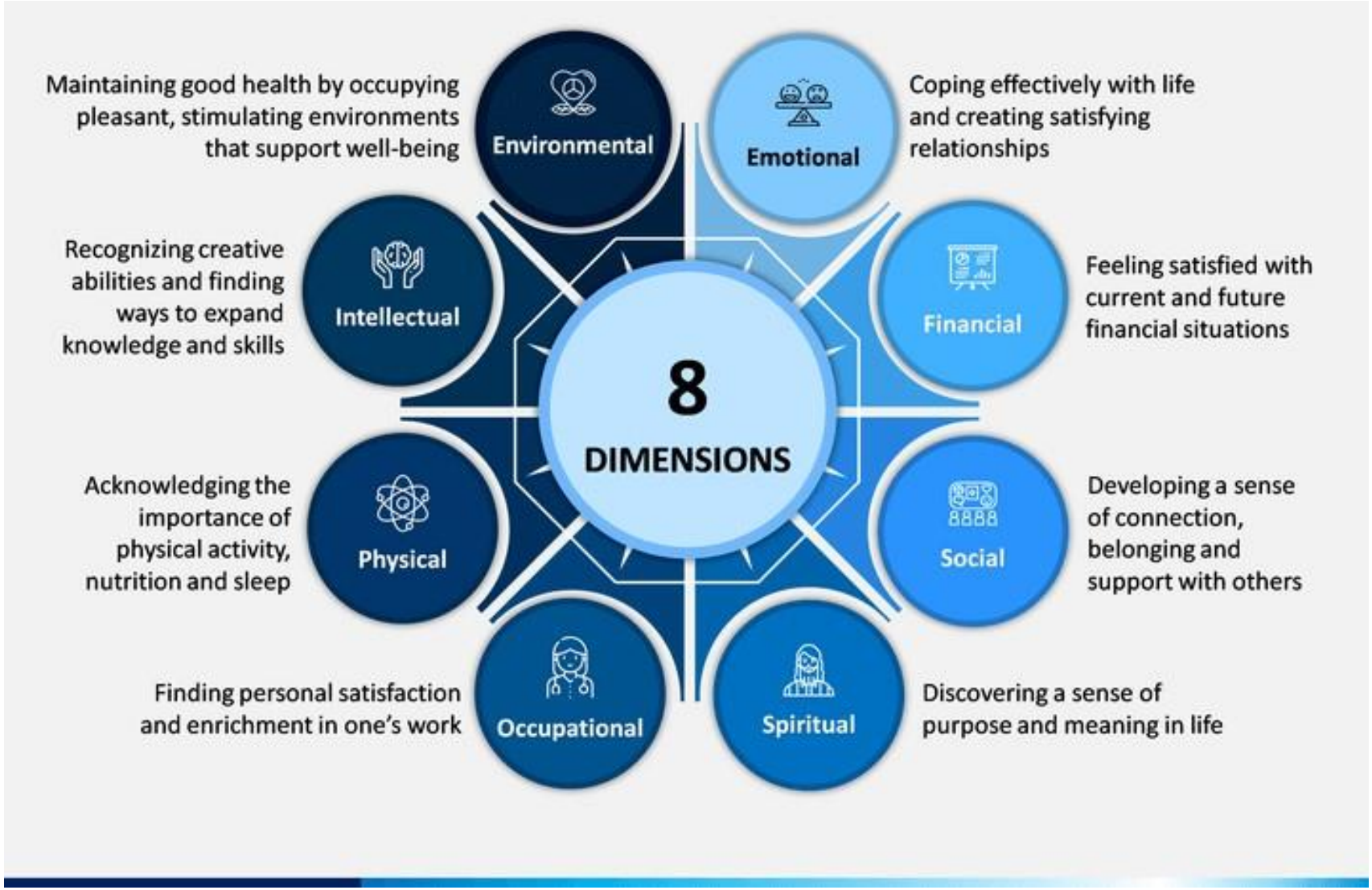Eight Dimensions of Wellness