

Policy 2.1.42

Healthy Food and Beverage Policy

Contact: Human Resources Director

2.1.42.1 Purpose

The purpose of this policy is to affirm Consolidated Technology Services' (CTS) commitment to creating a healthy workplace for employees and guests. This policy specifies which food and beverage options meet the Department of Health's [Healthy Nutrition Guidelines](#) in accordance with [Executive Order 13-06](#), Improving the Health and Productivity of State Employees and Access to Healthy Foods in State Facilities.

Washington Technology Solutions (WaTech) refers to the "consolidated technology services (CTS) agency" identified in RCW 43.105.

2.1.42.2 Scope

This policy applies to foods and beverages offered and served in vending machines, meetings and events, cafeterias/restaurants, cafes, and on-site retail venues located in WaTech/CTS offices or facilities.

The [Healthy Nutrition Guidelines](#) do not apply to foods which employees bring in for celebrations or pot-lucks. WaTech/CTS encourages staff to include healthy options when sharing foods in the workplace.

2.1.42.3 Definitions

"Healthy food and beverages" are defined as those food and beverages that meet the Department of Health's [Healthy Nutrition Guidelines](#) in accordance with [Executive Order 13-06](#), Improving the Health and Productivity of State Employees and Access to Healthy Foods in State Facilities.

2.4.42.4 Policy Requirements

It is the policy of WaTech/CTS that food and beverages offered and served in Agency meetings and events, vending machines, cafeterias/restaurants, cafes, and on-site retail venues located in WaTech/CTS offices or facilities must include healthy choice options that meet the Department of Health's [Healthy Nutrition Guidelines](#) in accordance with [Executive Order 13-06](#), Improving the Health and Productivity of State Employees and Access to Healthy Foods in State Facilities.

Effective Date: November 15, 2014

Revised Date:

Sunset Date: November 15, 2017

Approved By:

By Christy Ridout, Deputy Director

Director
